

### Poetry | Coaching | Group Process Facilitation

## **Participate**

<u>Circle Way Intensive: Breath &</u>
<u>Belonging</u> – October 23-26, 2024
– Salt Lake City, Utah

### Read on the H2H Blog

Mary Oliver Instructions For Living A Life

Remembering & Celebrating Flow

Other Human to Human Blog Posts (Subscribe to Notifications)

#### Listen on the H2H Pod

Toke Moeller – The Art & The Heart of Practicing Peace

Tenneson Woolf – Attentive Peace

Other Human to Human Podcasts

#### Get Guidance

Customized and value-centered personal and team coaching. For inner clarity. For outer action. For alignment with deeper purpose.

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# Start With Coffee

It always starts with hello. A little breath. Start with wonder.

Contact me.



#### Lots to Love

I love kayaking. Recently, it was Oquirrh Lake near where I live. There is ample birdlife – Coots (like the one building nest above), Yellow Headed Blackbirds, Swallows, Sparrows, Mallards, Canadian Geese, Seagulls, and the odd Pelican.

I love exploring. Recently, it has been with my friend Glen. Together we run a Leadership Development Cohort Program. People are learning to be leaders. Leaders are learning to be people.

I love creating. Recently, it has been two upcoming multi-day programs that seek to restore the relational and to cohere community of practice learning.

I love writing. Lately it's been short essays on Circle. A little book of big insights on this most basic yet lasting form that insists connection. Watch for print and digital copies available this autumn.

Lots to love. Lots to explore. Lots to create. Lots to write. Joy.

Lenner World